



WELL BEING

BY EDWIGE GIORDANO

SAVING FACE

DRYNESS, EXCESSIVE SEBUM OR PREMATURE AGING, NO-ONE IS ENTIRELY PROTECTED FROM IRKSOME SKIN DISORDERS. AUTUMN IS THE IDEAL TIME TO LAVISH CARE ON YOUR COMPLEXION !

Daily up-keep of the healthiness and appearance of the complexion takes place at home, so it's important to devote the necessary time and care to the task by using cosmetics that ideally match your skin type and suit your taste in terms of easy application, texture, fragrance. In addition, and if required, you can always treat yourself to a spot of relaxation and beauty care in a specialized centre. In both cases, there are lots of brands and addresses from which to choose.

GOOD HABITS, ORGANIC PRODUCTS

One can never over-emphasize the importance of make-up removal, an operation that should never be neglected. Cleansing the skin in fact prevents it from becoming asphyxiated and thus avoids any acceleration in the appearance of lines. You can opt for moist wipes, lotion, mousse, gels or a liquid make-up remover, depending on your preference. Then, while cleansing is absolutely essential, daily moisturizing of the skin should also be an automatic reflex. Here again, there are many different textures (fluid, gel, cream, masks) and shops are full of enticing bottles, tubes and pots likely to perform the assignment to perfection. Once these two rituals have been performed, you

can then proceed with more specific treatments. Toning up slack skin, delaying the appearance of lines and wrinkles, boosting a natural glow or soothing sensitive skin. Everything's possible ! Among the countless products available today, our selection focuses on those that give priority to active principles of natural and organic origin. Thus, for tired, dry and sensitive skin, *Soyeuse Crème de Jour* and *Onctueuse Crème de Nuit* from the **Anakae** range offer the virtues of ass's milk combined with vegetable oils of Muscat roses, avocado and jojoba for the day cream, and argan, apricot stone and sesame oils with horsetail extract for the night version. Themis preserves your capital of youth with *Soin de Jour Lissant* (rich in anti-oxidants with a hydroxy-proline base), *Soin de Nuit Anti-âge* (enriched with shea butter from Burkina Faso) and the specific *Contour des Yeux* with extract of mango pulp, also from Burkina Faso. Worth noting, *Eau Micellaire Active* is perfect for removing make-up while the surprising *Masque Chocolat* guarantees absolute purity in just 5 minutes. Always keep in mind exotic and ingenious argan oil, here in its organic version, in *Crème de Jour Confort* and *Baume de Nuit Regenerant* from Traditions d'Orient. The 3 Chênes laboratories privilege a blend of organic and effec-



A LEGENDARY OIL

Carita's "Fluide de Beauté 14" enhances everything, the face, body, even the hair ! This dry, ultra-nourishing oil, rich in hazelnut oil and vitamin A, E and F derivatives, strengthens and protects while preventing dryness and dehydration. Its fine, silky texture, its fragrance of lemon and verbena, and its multiple use all make it an essential all-in-one beauty product. Gentleness guaranteed. On sale from Galeries Lafayette Nice Masséna, 6 avenue Jean Medecin, Nice (04 93 62 80 60)

AUTUMN/WINTER COLLECTION

TO WELCOME THE FALL, MAKE-UP FROM SOTHYS PROPOSES CREAMY TEXTURES, IRIDESCENT AND FROSTED SHADES FOR A DIAPHANOUS MOOD THROUGHOUT THE DAY AND SATINY, LACQUERED COLOURS FOR A MORE PROVOCATIVE ALLURE AFTER DUSK. LIPS ARE PAINTED IN BRICK-RED OR COPPERY PINK, THE EYES ARE ENHANCED BY MATTE BROWN, TENDER APRICOT OR EMERALD GREEN, AND NAILS ARE PROTECTED BY A COAT OF "ÉCLAT BEAUTÉ D'HIVER" (N°17). EASILY SLIPPED INTO ONE'S BAG, THE MULTI-USE PALETTE FOR À LA CARTE MAKE-UP AND IMPROMPTU TOUCHING-UP CONTAINS SIX DIFFERENT ITEMS : A BLEMISH CORRECTOR, IRIDESCENT COMPACT POWDER, BLUSHER, EYE-SHADOW, LIPSTICK AND GLOSS. WWW.SOTHYS.COM

